

# Menu for NOVEMBER 2017



Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b>	<b>2</b>	<b>3</b>
		PEACH BREAKFAST CASSEROLE	STRAWBERRY CUPCAKE	CHICKEN SANDWICHES
		SPAGHETTI CARBONARA	TOMATO RICE/CHICKEN KURMA	CHEESE & CUCUMBER SANDWICHES
		VEGETARIAN SPAGHETTI CARBONARA	TOMATO RICE/VEGETABLE KURMA	FRUITS
		GARDEN SALAD	CUCUMBER SALAD	
		HONEYDEW	WATERMELON	
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
CEREAL & FRESH MILK	JAM SANDWICH CAKE	APPLE PEACH CRUMBLE/CUSTARD SAUCE	JAM DROP COOKIES	MUSHROOM SOUP
FRIED KUEY TEOW	LASAGNA	CHICKEN MAYO	RICE/SWEET & SOUR FISH	GARLIC BREAD
VEGETARIAN FRIED KUEY TEOW	VEGETABLE LASAGNA	VEGETARIAN MAYO	RICE/SWEET & SOUR VEGETABLES	FRUITS
TOMATO/LETTUCE & CUCUMBER SALAD	GARDEN SALAD	VEGETARIAN MAYO	CUCUMBER SALAD	
HONEYDEW	ORANGE	WATERMELON	PAPAYA	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
CEREALS & FRESH MILK	FRENCH TOAST & HONEY	BREAD & BUTTER PUDDING/CUSTARD SAUCE	CHOCOLATE CUPCAKE	EGG/TUNA SANDWICHES
CHICKEN FRIED RICE/OMELETTE	BAKE PASTA	CHICKEN CHOP/FRENCH FRIES	RICE/GINGER CHICKEN	CHEESE/SALAD SANDWICHES
VEGETARIAN FRIED RICE	VEGETABLE BAKE PASTA	BATTERED VEGETABLES/FRIES	RICE/VEGETABLES IN GINGER SAUCE	MIX SALAD
STIRFRIED MIX VEGETABLES	GARDEN SALAD	COLESLAW	CUCUMBER SALAD	FRUITS
WATERMELON	ORANGE	APPLE	HONEYDEW	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
CEREAL & FRESH MILK	CHEESE TOAST	CREPE/CHOCOLATE SAUCE	APPLE CAKE	ROTI CANAI
STIRFRIED HOKKIEN SPAGHETTI	CHICKEN ITALIANO & PASTA	NYONYA LAKSA	CHICKEN RICE	CAPATI/VEGETABLE DHALL
VEGETARIAN HOKKIEN SPAGHETTI	ITALIANO SAUCE & PASTA	VEGETARIAN NYONYA LAKSA	RICE/VEGETABLES & TOFU IN SOYA SAUCE	FRUITS
MIX SALAD	GARDEN SALAD	APPLE	SALAD	
HONEYDEW	ORANGE		WATERMELON	
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
CEREAL/FRESH MILK	FRENCH TOAST & HONEY	CHOCOLATE PANCAKE/CHOC SAUCE	MOIST ORANGE CAKE	
RICE/CHICKEN IN SOYA SAUCE	SHEPHERD'S PIE	STIRFRIED PASTA	CHICKEN BERYANI/VEGETABLE DHALL	
RICE/VEGETABLES IN SOYA SAUCE	VEGETABLE PIE	VEGETARIAN STIRFRIED PASTA	VEGETARIAN BERYANI	
SALAD	TOMATO/CUCUMBER/LETTUCE SALAD	MIX SALAD	CUCUMBER SALAD	
YELLOW WATERMELON	ORANGE	APPLE	FRUITCOCKTAIL JELLY	