

Menu for JANUARY 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
			JAM DROP COOKIES	EGG/TUNA SANDWICHES
			NASI LEMAK	CHEESE & CUCUMBER SANDWICHES
			VEGETARIAN NASI LEMAK	TOMATO/LETTUCE/CUCUMBER SALAD
			SLICED CUCUMBER	FRUITS
			HONEYDEW	
8	9	10	11	12
CEREAL & FRESH MILK	BROWNIES	CHOCOLATE BREAD & BUTTER PUDDING/CUSTARD SAUCE	CHOCOLATE ROLL/BLUEBERRY ROLL	MUSHROOM SOUP
CHICKEN FRIED RICE/OMELETTE	CHICKEN CHOP/FRENCH FRIES	NYONYA LAKSA	RICE/BUTTER CHICKEN	GARLIC BREAD
VEGETARIAN FRIED RICE	BATTERED CRISPY VEGETABLES	VEGETARIAN NYONYA LAKSA	RICE/BUTTER VEGETABLES	FRUITS
TOMATO/LETTUCE/CUCUMBER SALAD	GARDEN SALAD	HONEYDEW	CUCUMBER & PINEAPPLE SALAD	
WATERMELON	ORANGE		BANANA	
15	16	17	18	19
CEREALS & FRESH MILK	ORANGE CAKE	STRAWBERRY PANCAKE/CHOCOLATE SAUCE	SCRAMBLE EGG/BAKE BEANS/BREAD	ROTI CANAI
KUEY TEOW IN CHICKEN SOUP	PAN GRILLED CHICKEN/MASH POTATO/BROWN SAUCE	SHEPHERD'S PIE	RICE/TERIYAKI CHICKEN	CAPATI/VEGETABLE DHALL
KUEY TEOW IN VEGETABLE SOUP	PAN GRILLED VEGETABLES/BROWN SAUCE	VEGETARIAN SHEPHERD'S PIE	RICE/VEGETABLES IN TERIYAKI SAUCE	FRUITS
ORANGE	SALAD	GARDEN SALAD	STIRFRIED MIX VEGETABLE	
	YELLOW WATERMELON	APPLE	HONEYDEW	
22	23	24	25	26
CEREAL/MILK	CHEESE TOAST	APPLE & PEACH CRUMBLE	CHOCOLATE SPRINKLE CUPCAKE	CHICKEN SANDWICHES
STIRFRIED HOKKIEN SPAGHETTI	SPAGHETTI BOLOGNESE	CHICKEN IN BREAD ROLL	RICE/CHICKEN STEW	CHEESE & SALAD SANDWICHES
STIRFRIED VEGETARIAN HOKKIEN SPAGHETTI	SPAGHETTI IN VEGAN PASTA SAUCE	SALAD IN BREAD ROLL	RICE/VEGETABLE STEW	FRUITS
TOMATO/LETTUCE/CUCUMBER SALAD	GARDEN SALAD	ORANGE	WATERMELON	
HONEYDEW	ORANGE			
29	30	31		
CEREAL/MILK	PEACH BREAKFAST CASSEROLE	FRENCH TOAST		
CHICKEN & PINEAPPLE FRIED RICE	PIZZA	MEEHOON/CHICKEN SOTO		
PINEAPPLE FRIED RICE	VEGETARIAN PIZZA	MEEHOON/VEGETABLE SOTO		
STIRFRIED MIX VEGETABLE	ORANGE	YELLOW WATERMELON		
HONEYDEW				