

# July menu

## MONDAY

Cereal & Milk  
Fried Rice & Omelette  
Vegetarian Fried Rice  
Salad  
Honeydew

2

## TUESDAY

Banana Pancake & Honey  
Chicken Burger  
Vegetarian Burger  
Salad  
Apple

3

## WEDNESDAY

Apple & Peach Crumble / Custard  
Spaghetti Bolognese  
Spaghetti in Pasta Sauce  
Garden Salad  
Orange

4

## THURSDAY

Cornflake Cookies  
Rice / Chicken Teriyaki  
Rice / Vegetable Teriyaki  
Salad  
Watermelon

5

## FRIDAY

Mushroom Soup  
Garlic Bread  
Fruits

6

Cereal & Milk  
Hokkien Spaghetti  
Vegetarian Hokkien Spaghetti  
Salad  
Honeydew

9

Jam Drop Cookies  
Bake Pasta  
Vegetarian Bake Pasta  
Garden Salad  
Watermelon

10

Orange Cake  
Rice / Sweet & Sour Chicken  
Rice / Sweet & Sour Vegetables  
Apple

11

12 *Speech Day*

*Parent - Teacher Meeting*

13 [TERM 3 ENDS]

\* Vegetarian Food Salad

\*\* Menu subject to be change

