

Cameron Highlands



7 – 9 FEBRUARY 2018

**YEAR 4 STUDY
CAMP**

2017-2018

LUGGAGE

To pack the all items into a soft or hard shell
luggage measuring

70cm X 40cm X 20cm

weighing not more than 20 kg.



or



Clothing

- Underwear and socks - 3 set
- Sleep wear- 2 sets
- T-shirts - 5
- Long lightweight pants - 2
- Shorts - 2
- Long-sleeved tops/T-shirts - 2
- An extra pair of shoes
- A pair of slippers
- A towel
- Plastic bags (several) to store wet and dirty clothing



- All 'personal clothing' including pyjamas must be:**
- **labelled with Student's Name**
 - **appropriate and suitable for a School Camp**

Toiletries

Small quantities of

-soap,

-shampoo,

-conditioner,

-toothpaste

-moisturising body lotion,

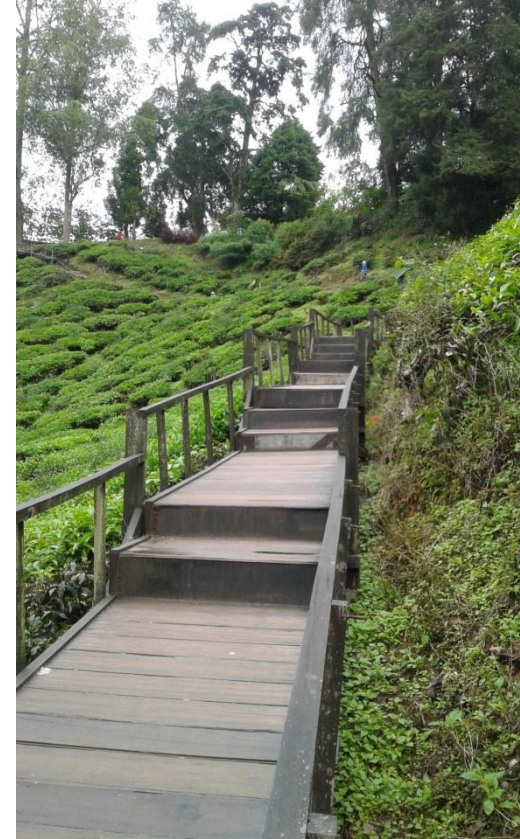
in small plastic containers,

not exceeding 100 ml



Backpack / Daily Travel Bag

- A small towel,
- A water bottle (water is provided)
- Mosquito repellent
- Sun block
- Note book
- A small pencil case with basic stationery
- A jumper/jacket
- Hat
- Healthy snacks for the bus journeys
- A small torch
- Rain coat
- Travelling prayer robe and sarong for Muslim girls and boys (optional)





Money

**Not more than RM 100.00 (in small notes)
for the children to buy souvenirs and snacks.**

Breakfast, lunch and dinner will be provided.



Medication

Clearly labelled with

- **name of student**
- **correct dosage**
- **purpose e.g. sinusitis, rashes**

To be given to group leader on day of departure



Electronic Gadgets

No electronic gadgets of any kind

(Eg: Smartphones, Ipad, Tablets, GoPro, PSP, etc.)

**Cameras are allowed;
Confiscated in the event of
Misuse**

Teachers & Groups

Student	Teacher	Colour
SULAIMAN NAJMI	Mr. Charlie	BLUE
HASNAT SAADI AMJAD		
RAMADHANIA PUTRI		
PUTERI ARYANA		
COLLINS MUGUNA		
CHRIS LAU		
GAWINTIDA CHATUM		
SAIRATNAA MAGESVARAN		
MEITIS MANKANI	Ms. Fay	PURPLE
HAADIA LIAQAT		
ZARA SYAHRUL NAZRIN		
ZAHRA ZAHIRA MOHD		
AATHIK ABDULLA DIDI		
SEAN KENZIE		
ZHAN SUN		
AQIL SHAHRANI		

Teachers & Groups

PUTRA MUHAMAD TAHER

MEGAT MIKHAIL OMAR

KHALIL MUKTAR ALI

ANES BENAYAD

SHAIRA KATYA

MARISSA HALIM

SEYEONG JANG (SELINA)

KANG LEE (QARA)

MIN SEO KIM (EMMA)

PATRICIA QIAN FENG GAN

RAFIF JANUAR ARDIAN

NAZREEN FARIZ NAJMIL FAIZ

MEUTIA JANEETA KAMILLE

ASAHI SUGIURA

SHARIFAH SHARLEEZ SYED

YUKINO TAKEI

ZARA AMJAD

Ms. Jasveen

ORANGE

Ms. Josephine

PINK



FB Updates

[https://www.facebook.com/
migsofficialpage/](https://www.facebook.com/migsofficialpage/)

- Daily basis

ACTIVITIES - DAY 1

0700 hrs	Assemble at MIGS Hall
0730 hrs	Departure from MIGS
0900 hrs	En-route break time at R & R. Students will stop for packed breakfast and toilet break.
0930 hrs	Continue journey to Kek Long Tong. Limestone cave temple on 12 acres with Buddha sculptures & a garden with a reflexology footpath
1100 hrs	Depart to and arrive at Pomelo Farm @ Tambun. Pomelo is a citrus plant which is synonym with Ipoh. The small town of Tambun in Ipoh is famous for its juicy pomelos.
1230 hrs	Lunch at a local restaurant. Prayer time included
1430 hrs	Depart to Cameron Highlands via Simpang Pulai.
1530 hrs	Continue journey to BoH Tea Plantation, Sungai Palas. Cameron Highland's climate made it suitable for growing tea. Students will get a firsthand look at how Malaysian teas are made.
1600 hrs	Continue journey to Lavender Farm. Small garden with lavender & other colorful blooms, plus a cafe/ice cream parlor & a gift shop.
1800 hrs	Check in at Nova Highlands Resort and Residence - shower and change.
1900 hrs	Dinner at a local restaurant. Free time at the hotel mall
2030 hrs	Back to hotel and bedtime

ACTIVITIES – DAY 2

0630 hrs	Rise and Shine!
0730 hrs	Breakfast served at the hotel.
0830 hrs	Depart for Strawberry Park.
0900 hrs	Arrival at Strawberry Park. Students will have a chance to pick their own strawberries.
1200 hrs	Lunch at Strawberry Park Restaurant
1400 hrs	Arrival at MARDI (Malaysian Research and Development Institute) Agro Technology Park. Home to 40 varieties of roses, 10 strawberries, 100 citrus fruits, at least six types of anthuriums. The Park is MARDI's oldest research station in the country.
1630 hrs	Arrive at Butterfly Garden. The park also has a tortoise pen, scorpion pond, reptile exhibit, aviary and small petting zoo.
1800 hrs	Arrive at Cactus Point; a retail nursery with large specimens of various cactus plants placed prominently.
1830 hrs	Transfer back to hotel – shower and change.
1900 hrs	Dinner at a local restaurant / hotel
2030 hrs	Reading and Bedtime

ACTIVITIES – DAY 3

0630 hrs	Rise and Shine!
0730 hrs	Breakfast and check out.
0830 hrs	Depart for Kampung Pos Raya
0930 hrs	Visit the local school, Sekolah Kebangsaan Pos Raya. Students will have the opportunity to socialize, play and even put up performance to the local students
1030 hrs	Visit Orang Asli Settlement, Pos Raya an Orang Asli (aboriginal) village inhabited by 500 families of the Temiar tribe noted for its unique culture.
1100 hrs	Activities at Kampung Pos Raya. There will be performances and activities organized by the local community such as traditional dance and song, blow pipe, making of local handicraft and fire making.
1230 hrs	Lunch @ Pos Raya
1400 hrs	Depart back to MIGS via Simpang Pulai
1530 hrs	En-route break time @ R & R
1700 hrs	Expected time of arrival at MIGS