



# MUTIARA INTERNATIONAL GRAMMAR SCHOOL SDN BHD

(391277-M)

DISCOVERING POTENTIAL • LEARNING TO CARE • RESPECTING DIFFERENCES

23<sup>rd</sup> May 2018

Dear Parents/Guardians,

## **General Reminder: Prevention of Head Lice Occurrence among Students**

Head Lice infestation is common amongst school students especially the younger ones. Head lice are not known to transmit diseases but they are contagious, that is, they can spread to others. An itchy scalp causes discomfort and can affect students' concentration during lessons. Therefore, occurrence of head lice needs to be detected and controlled at an early stage.

The signs and symptoms of your child having head lice:

- Frequent/abnormal scratching of the head/scalp
- Small red bumps on the scalp or neck
- Tiny white nits on the hair close to the scalp that are difficult to remove
- Child complains of crawling sensation on the head

**If you find that your child is having head lice:**

- **See your doctor** and get treatment immediately.
- Assist your child in using the anti-head lice shampoo as prescribed by the doctor.
- Use lice removal comb to comb-out lice/nits every day until you see no live lice in the hair. Do this for about two weeks.
- Keep long hair neat and tied up.
- Encourage and ensure your child maintains personal hygiene by **washing his/her hair every day or every alternate days** as a prevention of head lice.
- Check all family members for lice and nits.
- If you suspect any family member having the same condition, it might be a good idea to take them to the doctor too.
- Identify items that might contain head lice such as pillows/bed linen, hats, scarves, helmets and clothes.
- Machine-wash all washable items in hot water.
- Advise your child not to share items that touch the head.
- Advise your child to avoid head-to-head contact with anyone.
- Perform routine head checks.

Although lice infestation is not a prevalent issue among our students, we would like to continually take precautions. We would like to request your co-operation in our efforts in keeping your child(ren) free from possible head lice infestation and maintaining good personal hygiene at all times.

Yours sincerely,

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School Nurse

Ms Nancy Roch-Compan  
Head of Junior School