



Notes from the Heads of School

MS NANCY ROCH-COMPAN, HEAD OF JUNIOR SCHOOL

Time has gone by since we started school on 5th September 2017. It is never too late to extend a warm welcome to all our new students who have joined the School this Academic Year, as well as their families. It is not just a child that enrolls into our School, our parents and grandparents form part of the School Community.

I have already met with a number of you either formally or informally. Thank you for the encouraging comments and words of support from both current and new parents. It only goes to show what a great family we have at MIGS – students, parents and staff.

New Staff and Responsibilities

Every now and then we have new staff coming in or taking up new positions in the School. We welcome all of them cordially and wish them a successful professional life at MIGS.

Ms Nurul – Procurement Executive

Ms Nadia – Library Assistant

Ms Esther Nip – Head of Curriculum (Junior) as well as our Head of Mathematics

Ms Emma Lee – Head of Science

Ms Maryam Jazayeri – English Support Coordinator

Teachers INSET

All teachers returned to school on Monday 28th August for three days of In-Service Training (INSET) to review work plans, for professional development and updates, and to prepare for the start of the new academic year. All teachers participated in the training in Cardiopulmonary Resuscitation (CPR) and First Aid by certified trainers. We are now proud that our teachers are certified to render CPR and First Aid in times of emergency.

Results of the 2016-2017 GL Progress Tests

Our students sat for the UK-based GL Progress Tests in June last Academic Year. Individual reports were given out together with the Progress Reports during the last Parent-Teacher Meeting.

In addition, you might want to take a look at the School Performance posted on the notice board at the Porch.

Water play in Reception

You might have already seen the new Paddling Pool for our pupils in Reception. At MIGS, we acknowledge the Environment as the third teacher, after parents and teachers. Young children are naturally drawn to water. Water play helps young children to enhance their learning in Maths, Science and languages. Water has also an invigorating effect and calming effect which helps in pupils' social and emotional development.

Buddy Bears

This year our Year 6 students were invited to become buddies to our Year 1 students to provide them with a friendly and supportive start to their experience in the Junior School. Having done it last year, they carried out their responsibility more efficiently. New students in all the other levels were introduced to a buddy too.

English Support Programme (ESP)

Starting this Academic Year, we have our own dedicated English Support Teacher and Coordinator to provide the much needed support in English Language to help new incoming students to develop their language skills as they continue to work in the mainstream classes. Classes have begun.

As we traverse the new Academic Year 2017-2018, we expect to experience fantastic moments as well as some challenges which make us improve and we all get better and better each time! Let us work together to provide the best education our children deserve.

If you have any questions or concerns at all, do stop in and say hi, call, or send an e-mail.

MS KUNASUNTHARY, DEPUTY HEAD OF SENIOR SCHOOL

With the summer holidays a distant memory we are now fully immersed in the new academic year. It is proving another exciting term with many positive stories to share, with students making excellent progress in their academic and extra-curricular lives at Mutiara International Grammar School (MIGS).

The year ahead is full of promise and opportunity and I encourage all MIGS families to get involved and play a full part in your children's experience at MIGS. Start by making sure that you all plan to attend the Teacher-Parent Meeting on 8 December and, definitely, by talking to your children about how their day at school was.

Senior School - New Academic Staff

Ms Sheena Cynthia Sinnapar – Mathematics Teacher (Key Stage 3)

School Camp

This term has seen study tours for all our students.. The venues were all in Malaysia; Year 7 students went to OBML, Lumut, Year 8s visited Merapoh, Pahang, Year 9s camped in Belum, Perak, Year 10s in Gopeng, Perak and the Year 11 students went to Eagle Ranch, Port Dickson, Seramban.

With all the study tours, the focus was on character building, leadership and team work. Students from various backgrounds, cultures and experience were put through real and varied challenges in demanding situations.

Cross Country

In week six of the term, the PE Department hosted the Annual School Cross Country Championship at Tasik Perdana (Lake Gardens) This is a compulsory school event with students gaining participation points that count towards the Champion House award.

Muffi Day

The following week, the senior school prefects organised a Muffi Day in connection with Deepavali. Students came to school dressed in colourful yellow, green and purple Indian outfits. The senior school prefects organised a dance and entertainment program during assembly.

CCA

CCA Sports and Clubs have been running throughout the term. Students are given the opportunity to select their favourite sport and club for CCA. Professional trainers are engaged to coach the students.

Celebrating Excellence

On behalf of the Directors, Board of Governors and the entire Mutiara International Grammar School staff. I would like our parents and well-wishers to join us in congratulating the Year 11 Class of 2016-2017 for achieving outstanding results in the 2017 IGCSE examinations.

| Grade | No of Student |
|-------|---------------|
| A* | 81 |
| A | 68 |
| B | 72 |
| C | 56 |
| D | 19 |
| E | 10 |
| U | 1 |

| Grade | Percentage of Student |
|-------|-----------------------|
| A* | 26% |
| A | 23% |
| B | 23% |
| C | 18% |
| D | 6% |
| E | 3% |
| F | 0.3% |

In addition to these fine results, the following students were eligible to attain an ICE Award:

- | | |
|-----------------------------------|-------------|
| • Cho Ye Un | Distinction |
| • Rafik Rayis Merzouk | Merit |
| • Sarah Shakira Heath | Merit |
| • Sharifah Lyana Binti Syed Azman | Merit |
| • Ng Yijing | Merit |
| • Hsieh Hou-Chieh | Merit |

The ICE (International Certificate of Education) award recognises the achievements of learners who pass examinations in at least seven Cambridge IGCSE subjects from five different subjects groups, including two different languages.

The Cambridge IGCSE subjects are grouped into five curriculum areas:

- | | |
|------------|------------------------------------|
| Group I: | Languages |
| Group II: | Humanities and Social Studies |
| Group III: | Sciences |
| Group IV: | Mathematics |
| Group V: | Creative, Technical and Vocational |

Students must take two different languages from Group 1 and one subject from each of Groups II, III, IV and V. The seventh subject can be taken from any of the five subject groups.

Congratulations to the above six students on achieving this wonderful international recognition.

New School Year / Merdeka

DAY ONE OF THE NEW SCHOOL YEAR 2017/2018

It was the 5th of September; school had begun after an impromptu national holiday was declared by the Government to celebrate Malaysia's stellar performance in the most recent SEA Games. We were told by the newly appointed prefects to assemble at the grandstand and wait until further instructions were given. The students were agog with excitement, catching up with each other after the long summer break, until we were organised into our year groups. We were kindly handed the bright, colourful and distinctive Malaysian flag. The students reassembled at the porch to join the Junior School for the event to start.

Ms Kuna, welcomed us to the new academic year, Ms Asma then took over the mike and gave us a speech explaining to us what the vivid colours on the "Jalur Gemilang" meant: the bright yellow meaning royalty and the deep blue signifying the unity of the Malaysian people.



Aptly, this mirrors the diverse student community of Mutiara International Grammar School, standing together to celebrate Malaysia's independence. At the end of the short ceremony, we together with one voice we cheered spiritedly, "**Merdeka**" seven times.

"**Negaraku**", our national anthem was sung while the Malaysian flag was slowly hoisted up by Dimas and Izmi our newly appointed Head Boy and Head Girl.

Next, we sang our school anthem "**Pearl of the East**".



What had come as a pleasant surprise on the first day of school had to come to an end; we were sent to our new classes to get familiar with the teachers, the timetable and all of this while students were cheerfully waving the Malaysian flag.

Ibrahim Fazal Ahmad, Sharifah Erika Nurain Barakbah & Tunku Radin Tunku Shaharuddin

Year 11

On 5th September 2017, the MIGS staff and students celebrated the 60th Independence Day of Malaysia with a small ceremony.

The actual day was 31st August 2017 but it was still the End-of-Year holidays.

Students who were involved in the flag raising ceremony were briefed on what to do. Since I was involved in the flag hoisting, I came to school in my Scout Uniform and practised with the teacher.



Meanwhile, all the other students in the School lined up in the porch. Ms Asma, the Head of Languages for Junior School gave a brief history on the Independence of Malaysia. It was quite an interesting story for the Juniors.



Then we all turned around and faced the flags and sang the Negaraku.

While Negaraku was played and sung by all of us, the Malaysian flag called the Jalur Gemilang, and Selangor State flag were raised by Lulu and me.

We felt happy and honoured to be given this privilege.

Next all the teachers and staff sang the school song. After the school song, a Senior student proclaimed "Merdeka" seven times just as it was done 60 years ago.

We were all then given miniature flags. At the end of the ceremony, we returned to our classes waving our little flags to the beats of Malaysian songs. It was an enjoyable morning indeed.

Ryan Adam Sardelich
Year 6

Year 1 Buddy Bears

BUDDY BEARS SHOWN THE 'BARE' NECESSITIES



It's a jungle out there! But not with the help of Buddy Bears. We understand how overwhelming a new environment can be for your little ones.

Therefore, the Year 6 students were appointed to help the Year 1 Buddy Cubs to learn the bare necessities in MIGS.

This included a tour of the school's facilities, with a sharing of general rules in school, such as lining up during break and simply being the buddy bears to these cubs.

This initiative was scheduled for a duration of 2 weeks. We would like to thank the Year 6 for their time and effort.

With this, we hope that our Year 1 Buddy Cubs would benefit from the bare necessities and forget about their worries.



***A big thank you to
Year 6 students***

Junior Curriculum Evening – 12 September

The **Junior Curriculum Evening 2017/2018** is a yearly event organised by MIGS to provide a platform for communication and transparency with regards to the curriculum designed for our students. We hope to ensure parents are updated with upcoming events and programs that our teachers in the Junior School have meticulously planned for our students, as part of our commitment to provide holistic education of international standards, and passion to groom our students to their fullest potential.

One of the highlights of this year's Curriculum Evening, is the launch of a new format of the Curriculum Guide that provides greater details of what will be taught during lessons, pages of resources used to teach students and estimated duration of teaching each topic for Term 1. We hope that this new Curriculum Guide will serve parents better should they want to assist in their child's revision or keep track of their child's academic learning at School.

Other highlights included the introduction of new and exciting upcoming programs by various subject department heads, and brief details of the upcoming study camps.

Last, but not least, parents attending the Curriculum Evening were also briefed about the different modes of assessment used to assess students' learning and the weightage of each mode of assessment per term. These modes of assessments include 2 termly topical/unit tests, 1 termly performance assessment task and a standardised GL assessment for the core subjects at the end of the Academic Year. The cumulated weightages of these modes of assessment make up the final grade for each core subject.

The effort to achieve greater transparency in our communication with parents is a strategic priority at MIGS and a reflection of our philosophy that our students benefit most when teachers and parents work hand in hand to guide and support them.

On a final note, I would like to reassure that we will continue to do our utmost in providing the best practices in teaching to our students and look forward to working closely with parents to fulfill the needs of students better and better.

The Curriculum Evening culminated in a 15-minute Q&A session.

Ms Esther Nip
Head of Junior Curriculum



ROALD DAHL DAY – 13 SEPTEMBER



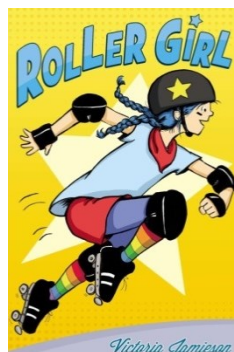
If Roald Dahl were still alive today, he would have turned 101 on **September 13** - a good excuse for a celebration!

The Library staff hid ten Golden Tickets (for more information read "Charlie and the Chocolate Factory") around the school, and with the aid of cryptic clues, those who found them chose books from our prize collection. Students were invited to write down their dreams and place them in the Trogglehumper or Phizzwizard jar (for more information read "The BFG").

We were surprised at the level of anticipation our promotions received - even by Seniors! Year 7s read Dahl's "Matilda" and interest in Roald Dahl peaked during the week, so all was well in the Library.

May I also take this opportunity to promote our Parent & Staff Book Exchange, which is located in the Library Meeting Room. Please take a book to read (no need to check it out at the front desk) and donate any books you no longer want.

And by the way, the most popular book at MIGS was the wonderful Graphic Novel "Roller Girl".



Ms Deborah Clohesy
Teacher Librarian

Annual Cross Country

Friday 13th October saw the return of our Annual Cross Country event; a day in which all of our students can show off the progress they have made in the previous weeks of training. Like last year, the event was held in the picturesque surroundings of Lake Garden, a venue that is very pleasing to the eye when running the long distance races.

After a short speech by Ms Nancy, and Ms Kuna, we started the event with our first runners; our littlest members of the school: Reception. From this we quickly moved through the planned schedule:

| | |
|-----------|--------|
| Year 1 | 400 m |
| Year 2 | 600 m |
| Over 15s | 5 km |
| Under 11s | 1.5 km |
| Under 9s | 1.5 km |
| Under 13s | 3 km |
| Under 15s | 3 km |

And finishing with the parent/teacher event, a 1.5km distance eagerly taken on by a number of runners. Please see below for the race winners from each category, as well as the total house points for the day.

Every runner made a fantastic effort during the day, and I'm sure that many were pleasantly surprised by the result they finished with.

The training doesn't stop for some though; the top 5 finishers from each race (U9 to O15) have been selected to represent the school in the upcoming ISAKL Cross Country Championship planned for early December. For those runners, we wish them the best with their preparation, and good luck for their next race!

TOTAL HOUSE POINTS

| | | | |
|-------------|--------------|----------------|-----------------|
| RUBY | TOPAZ | EMERALD | SAPPHIRE |
| 195 | 188 | 170 | 158 |

ANNUAL CROSS COUNTRY

Race Winners from each Category

| Year 1 | | Year 2 | |
|-----------------------|------------------------|----------------|------------------------------|
| Male | Female | Male | Female |
| Aymen Benayad | Emat Heboul | Rani Dahmad | Paris Alya Boukendoul |
| Yan Zhe Xie | Sophia Muneera Humayra | Hou-Chun Hsieh | Saffiya Nisa Saharil |
| Muhammad Taufiq Kabir | Izz Kinar Prastowo | Sameer Sunmola | Izz Kaaryn Ruqayyah Prastowo |

| U9 | | U11 | |
|------------------------|----------------------|---------------------------|------------------------|
| Male | Female | Male | Female |
| Collins Muguna Muthomi | Seoyeon Kim | Izz Kiram Rajaie Prastowo | Marissa Halim |
| Thoriq Farhan Pratomo | Yukino Takei | Sahand Hajizadeh Gashti | Nadyne Sofia Jef Rizal |
| Adam Kai Johary | Gloria Rebecca Mantz | Nam Hoai Dinh Nho | Seyeong Jang |

| U13 | | U15 | |
|------------------|--------------------|-------------------|--------------------|
| Male | Female | Male | Female |
| Junhyuk Sung | Phuong Nam Dinh | Gian Luca Pozzuto | Myra Lim |
| Junyeop Park | Neema Njeri Ngaari | Jee Heon Kim | Tengku Putri Erina |
| Daniel Razmi Tan | Rohaiba Jawad | Shrijit Mandal | Reese Sardelich |

| O15 | | Parents/Teachers | |
|------------------|---------------------|------------------|-------------------|
| Male | Female | Male | Female |
| Qasim Baker | Nayab Amjad Hussain | Muhammad Hakim | Nathasha Ahmed |
| Antwoord Ankonga | Aisling Ong | Mr Nikolai | Lorraine Waterson |
| Andre Gana | Farima Momeni | Mr Khairul | Mena Marizon |

Ms Hannah Budge

Head of Physical Education, Junior & Senior School

ANNUAL CROSS COUNTRY

On 13th October 2017, MIGS held its Annual Cross Country Run at Lake Gardens, Kuala Lumpur. On that day, I reached the park at 7.45 a.m. with my parents and my sister. The weather was fine and everyone looked fresh and excited. Some of my friends started to do their warm-up exercises with me.

The event started with a short speech by Ms Nancy followed by the singing of the National Anthem and the school song. Then the races started off with the Reception, Year 1 and Year 2 races.

This year, I participated in the Under 11 girl's category. At first, I was very worried and nervous because I had to compete with the Year 5 and Year 6 students. My mother was very supportive and she encouraged me to take the challenge and go for it. In the end, I won first place and I was thrilled and happy with my achievement!

Next, I watched and supported my sister, Soraya who participated in the Under 9 category. She finished fifth and I was happy for her. We enjoyed ourselves and it was truly an unforgettable sports event for me. I take this opportunity to thank Ms. Hannah, Mr. Charlie for organizing this event and all my Topaz House teachers for their continuous support.

Marissa Halim
Year 4S



ANNUAL CROSS COUNTRY

Teddy Bears' Picnic

On Friday, 13th October 2017, we had the whole school Cross Country held at the Lake Gardens, Kuala Lumpur. The children in Reception, Year 1 and Year 2 had an extra activity planned for us after our races. We brought in our teddy bears and soft toys.

We assembled in the basketball court at 7.00 a.m. Then we boarded the bus and headed to the Lake Gardens. Some of us went there with our parents. The Lake Gardens is huge, beautiful, calm and peaceful. It is surrounded by tall trees, colourful plants and a lake.

The day started with the Reception races followed by the Year 1 boys' and girls' race. Then we waited eagerly for our races to begin. When Mr. Charlie arrived, we were very excited. The Year 2 children had to run a race for the distance of 600m. He flagged off the girls' race first. The winner was Paris, followed by Safiya and Kaaryn who came in second and third placing respectively. Next were the boys' races. The winner was Rani followed by Jimmy and Sameer who came in second and third.

Next we had our snacks and drinks. We had sandwiches, cookies and bananas. We also had Ribena and water. After that, we had to gather in our tent and wait for our turn for the Bear Hunt. The Bear Hunt also began with the Reception Class followed by the Year 1 class and Year 2s. We were anxiously waiting for our turn to hide our teddy bears and soft toys.

Ms. Stella asked the children to go and hide their bears and soft toys in the nearby bushes. Our parents had to look away from us so that they could not see where we were hiding our bears and soft toys. It was fun watching our parents running around to look for our bears. Then we all gave them a big round of applause for locating the bears and soft toys.

Finally the day ended for us. We went back to school while other children went back home with their parents much later. We had an amazing day at the Lake Gardens. The Bear Hunt was a fun activity. We all had an enjoyable day!

The Children of Year 2S



Deepavali Mufti Day

MUFTI DAY IN THE SPIRIT OF DEEPAVALI

The 17th of October, the Senior Prefect group organised a Mufti Day in the spirit of Deepavali. It is a Hindu festival of lights celebrated every year between mid-October and mid-November. The junior and senior school students were dressed in Indian traditional clothing and clothing of the colours yellow, green or purple.

The colourful atmosphere put the students in a good mood for school that day. A PSHE session was also organised by the prefect group to educate the senior school students on Deepavali and its many traditions. The funds collected on this day will be given to the **'Make a Wish Foundation'** charity, in order to spread happiness and joy to children with life-threatening medical conditions. The prefect group is planning yet another mufti day to celebrate Children's Day.

Aisling Ong
Year 11 E



Year 5 Assembly – Mother Earth

LEARNING TO CARE FOR MOTHER EARTH

On Tuesday 17th October 2017, the Year 5 students presented the play entitled “Learning to Care for Mother Earth”. The play was about how each of us can help to preserve our planet.

I was very excited about my role in the play. I was the Mother of the Rainforest family. When I went to school, I saw everybody dressed in their respective characters. Some of the characters had their faces painted to represent animals. I was excited with my new look.

I waited in the makeup room with all of my friends. Then when everyone was ready, we went to the hall to get our head microphones and then we took our respective places in the hall.

The main idea of our show was **“when you work as a team you can achieve great things”**. This is what happened when the rainforest family and the animals in the rainforest worked together and prevented the workers from cutting down the trees as it was their home.



My classmates and I performed very well. Our parents and teachers were proud of our performance. I felt very confident and happy after the show and I really liked the theme of our assembly.

Finally Ms. Nancy gave the closing address and she thanked all of us for our marvelous performance. She then invited our parents to adjourn to the Dining Room for some light refreshment. We take this opportunity to thank all our teachers and staff who made this assembly a memorable one for us.

Yasmine Benayad
Year 5



Year 7 Trip to OBML



On Monday the 2nd of October 2017, was the day the year 7's went to Lumut. We were all set and ready to go to Outward Bound Malaysia Lumut (OBML) which is located in the west coast of Perak. Our journey took about 4 hours and 30 minutes. When we arrived, we were greeted by staff at OBML and by Mr Karl the Safety Officer. We did many activities on the Island such as kayaking, building a raft, net climbing, wall climbing, etc. Then we went on a boat ride to Teluk Sekadeh, Pangkor Island where we trekked and camped for one day.



On the 2nd to 6th October, we the year 7 went on 5 days 4 nights trip to Outward Bound Malaysia Lumut. It was going to be a long time and we were going to miss our parents but I knew it would be a fun experience. As it turned out I was right.

During the five days, we had a great variety of activities, such as playing lots of games, cargo net climbing, building a raft, and kayaking. Furthermore, we did wall climbing and made a boat ride to Teluk Sekadeh, Pangkor Island. There we went trekking and camping before boat-riding back to OBML. Over there we washed the tents, returned the equipment, and had a barbeque night with a group performance. On the last day we did community service, bought souvenirs and had a closing ceremony before returning back to MIGS. It was a fun experience and I would like to come again!

Faiza Lavina Meutia
Year 7

Following that we returned by boat to OBML. When we arrived, we washed the tents, returned the equipment and prepared for the barbeque session. We actually started our barbeque session with a class performance, and another performance done by the girls.

The following day Mr Karl declared the course was over, and we went on the bus ride back to MIGS. It was a fun experience for everyone including me and a lot of people would come back if we are given the chance to do so.

Ziad Ausama & Rauf Roshamsul
Year 7

Year 8s' Trip to Merapoh, Pahang

The Year 8 group of students had the wonderful opportunity to try out a myriad of activities in our School Camp this year. On the 2nd of October, we embarked on a 4 hour journey to Fuze Ecoteer in Merapoh, Pahang. From caving, abseiling and jungle trekking to interacting with the Batek tribe we saw and learnt much about ourselves and our surrounding.

We were split into 3 teams named the Gorillas, the Ducks and the Elephants. Our team-building activities included games. One of the highlights was a visit to the Batek tribe's temporary settlement. In the case of the Batek tribe that we visited they were provided with concrete houses, so that they were forced to settle down. My favourite part about camp was being with the Batek tribe where we got to learn lots of traditional strategies on how to survive in the rainforest. We took the opportunity to go for a swim in the crystal clear stream nearby. Also, soaking Hayden was fun too.



We ventured deep into the lush Malaysian forests with nothing but the instructors and our peers. Teamwork was crucial to surviving this rugged, challenging and dangerous trip. Fuze Ecoteer made us aware of the beautiful wildlife in Malaysia. We found animal footprints, sometimes called pugmarks, of tigers, sun bears and wild boar. These animals are becoming scarce due to the recurring poaching.

This year's camp has made us realise the importance of protecting the wildlife of Malaysia for the future generations. On the second day, we visited Gua Harimau, or tiger cave. We caved through the faeces-infested cavern; which contained great commercial value despite us despising it. We were fascinated by the natural features of the cave such as stalactites and stalagmites. Some of us also had a refreshing swim in the underground river. Through this experience, we all had picked up new skills and forged bonds with our fellow classmates. We developed self-confidence, teamwork and were given a variety of exciting opportunities.

Nawal Alisya Mohd Sofiyuddin
Year 8T

Year 9s' Trip to Belum, Perak

Although it was an ungodly hour in the morning, the fun started as soon as we set foot onto the bus. The girls were telling ghost stories in the dark and the boys were blasting music out of their phones. We even managed to catch the sun rising over green scenery through our bus windows.

After our fast yet scenic boat ride to camp, we met our camp counsellors, Pavin, Alaska, Steve, Lateef and Jackie. After their introductions they gave us an hour to settle down before the first activities started. We were separated into two groups and chose group leaders. Each group had to make a group name and a chant. After presenting our chants we went straight into our activities which were a flying fox (zip line) and swimming. That night we had some roasted marshmallows and sat by the fire. We then went back to our chalets only to find many insects flying around. Fortunately, we managed to get most of them away and we all slept peacefully.

On the second day, one plant expert and insect expert came to teach us how to preserve plants and insects. We were separated into groups and were then made to hike and find insects and plants to preserve. Sadly a few insects lost their lives on that day but they died for a good cause: science. After we were done preserving, it was onto tree climbing and no, it isn't the 'kampung' style climbing. We were put into harness and had to climb up to a certain part of the tree.



Once we sweated our way to the top, we had time to cool off, shower and get ready for dinner. Afterwards we all chilled in what they call the 'Chill' room and just listened to music and the wonderful sounds of nature till it was time to sleep.

The third day had arrived and we had to go hiking. Although it was tiring it was worth it at the end as some of us had gotten pet leeches on the way. Ellena named her leech Alison after Taylor Swift's middle name, Priscilla named her leech Kristen and Sharifah's leech was named Liza. Sadly after our boat ride to a waterfall most of our leeches fell off and Ellena's was burned off. As we got back to the camp, everyone washed up and started relaxing again. We didn't get to go on any night trek though, the rain didn't want to stop pouring down, and instead we all hung out together and played some games while we sipped on some hot tea.

Cont'd - Our last day.....



Our last full day was spent mostly in the orang Asli village with our new green 'Fuze Ecoteer' shirts on. We had practiced and made games for the little kids to play with us but before we did that, we learned how to weave and use a blowpipe, some of us even bought our own blowpipe.

The orang Asli children soon warmed up to us and started playing football and doing arts and crafts with us all. As soon as we got back to camp, all of us got ready to kayak, trying to get to the dock as fast as we could.

Most of our kayaks would 'mysteriously' capsize and leave us floating in the river. After our swim/kayak it was our last dinner and it was also Pavin's birthday which we celebrated by unexpectedly pouring water on him twice and getting him a surprise cake. The day of our departure came and we were all so sad to leave Belum and the gang behind. On our bus, they bought ice cream for us and waved us off.



This year 9 camp is a trip we will never forget: memories, experiences, joy, fun and fear. Above all, we made new bonds, learnt more about wildlife and mingled with the orang Asli. We might have left Belum but the lessons and memories we have taken from there will stay with us forever.

Sharifah Nur'Aaliyah, Priscilla Gan & Zahra Siavazan
Year 9E

Year 10s' Trip to Gopeng, Perak



When we arrived at Gopeng we were practically loaded onto a truck. It journeyed on a bumpy road for about forty minutes. Though the sun shone down brightly we were refreshed by the lovely breeze.

For the next few days we lived in small houses in a village in the jungle with basic amenities and a stunning view of the green hills.

The instructors who met us gave us a warm welcome and told us to brace ourselves as there was more to come. Before we began our real adventure, we did team building activities that practically twisted our minds. We faced arduous challenges as we ventured into many new destinations every day.



Firstly, we made our way to the mountains for the day and trekking by night that showed us many spectacular views of the jungle. We marvelled at the pure, pristine, perfect beauty of nature, not to mention, the fascinating trail of footprints left by wild animals. Gripping tightly onto branches, hopping on rocks and stomping our way up was an uphill battle that was well worth the effort.



Next, we embarked on to our adventure in the enormous, stunning cave that was once a tin mine. We were all in complete darkness with only our flashlights and enthusiasm to light up the place. It was filled with steep paths to journey in as we swam through tight spaces, slid down gigantic rocks and squeezed into tiny spaces. We observed the limestone and marble rocks that shone upon the water which engrossed us.

Cont'd - Then Came....

Then came the water activities such as water rafting to begin with. Divided into groups, each had an instructor that taught us the rules and ways to raft. The river looked interminable as there were many different rapids we paddled through. The strong current made every second exhilarating, pushing and spinning all of us in the rafts towards the stream. Even as our boats capsized, slightly on the edge or easily on the flow, we were all filled with too much of excitement to even realise what was happening.



The next on board was tubing, where we hopped into our very own tubes and allowed the river flow to stroll us ahead. Controlling the directions with our hands was quite a challenge as the river was filled with shallow, rocky surfaces intermixed with deep, fast currents that could sweep us away.

Lastly, we ventured into water-abseiling. Held in a beautiful forest, was a powerful, plunging, cascading waterfall. The majority of us took a few minutes to quell the fear to do it and in fact, a few of us even went for a couple of go's in the end! Stepping over rocks and streams, we climbed up to the top of the waterfall to adjust our harness and to get a good grip of our ropes. As we were coming down, we had to lean back and strongly pull our ropes as the water constantly splashed onto our faces.



Overall, Gopeng has been such an amazing, memorable and exhilarating experience for us as we had overcome intense obstacles, built stronger bonds with each other, and developed a great sense of teamwork and acquired knowledge and appreciation of the environment they live in.

Myra Lim
Year 10

Year 11s' Trip to Eagle Ranch Resort, Port Dickson



As our final study retreat, the Year 11's made their way to the Eagle Ranch Resort in Port Dickson, which lasted a full exhilarating five days. As this was our last one, it was definitely an emotional camp.

On our first day we were welcomed with activities such as management games. We were divided into three groups and had to complete tasks which were extremely difficult, exhausting and strenuous. However, it couldn't have been done without the continuous teamwork, brain power and determination poured out by everyone. A workshop was then held by Mr Jehabar where he made us reflect on our way of managing time and taught us exceptional, excellent and valuable tips on how to improve our time management. During this, a statement was made by Mr Abas, "Procrastination is the thief of time". This was significant as it made us realise that we should spend our time wisely.



Cont'd - Over the course

Over the course of the next four days, we faced activities that challenged us both physically and mentally. We learnt how to care for one another as well give support when needed to conquer our fears. This was evident during activities such as flying fox, abseiling, rope course and the twenty-element obstacle course. Mr Abas held an insightful workshop on mind-mapping, we were taught the key tips and why mind-mapping is such a powerful tool. We were then split into groups to create a mind map based on certain topics such as tourism, energy resources, chemistry and business.

On our second day, we were given the task to complete a treasure hunt in groups of ten. We were given pictures of forty objects, our task was to discover the location of these objects. It was a very exhausting task since some objects were so miniscule you could easily pass them, or some were all the way at the back of the resort.



Another skill we developed was our memory. During Ms Rajani's workshop our memory was put to the test as we were to remember what objects we were shown in the last twenty seconds along with the specific details of the object. Games like sea rafting, tele-match and paintball let us show how competitive we were to the teachers. However, we learnt that at the end of the day, everyone's a winner.



The Year 11's would like to thank Mr Jehabar, Ms Luna, Mr Abas and Ms Rajani for accompanying us to Port Dickson. We know it was a tough job to supervise thirty students but you did it and survived anyway! Additionally, we thank Mr Rodney for planning this study retreat for us with much thought and consideration as it was enjoyable, pleasant and memorable.



**Ameera Arianna Nizam
& Elisa Ahmad Redza**
Year 11

First Aid Training for Teachers

First Aid & Basic Life Support (BLS) FOR TEACHERS

First aid and BLS, a two day in-house course was conducted by Airfoz instructors on 28th and 29th August 2017. A total number of 48 teachers participated comprising of 22 Junior School teachers and 26 Senior School teachers.

Teachers learned how to apply first aid when handling injured or sick students in the school. Whereas, BLS training covered the skills in performing Cardio Pulmonary Resuscitation (CPR) for adults, child, and infant, with the use of Automated External Defibrillator (AED) and how to relieve choking.

The purpose of organising this training is to deliver to the teachers the medical knowledge and skills to recognise minor or severe injuries and save a life in the event of an emergency. Every trained teacher will be able to act as an Emergency First Aider in the classroom or during activities in School.



The objective of this training was well achieved as the teachers were able to perform CPR well and the feedback given by the teachers on the understanding of the training was good. They had a clear idea of ways to provide first aid and skills to save a life in the absence of medical personnel or before the ambulance arrives.



Currently, a total number of 84 MIGS staff, including teachers and support staff are certified first-aiders as they have successfully completed this training. This will ensure that we can monitor the wellbeing of our students in the event of an emergency.

Ms Reka
School Nurse

- End -