



# MUTIARA INTERNATIONAL GRAMMAR SCHOOL SDN BHD

(391277-M)

DISCOVERING POTENTIAL • LEARNING TO CARE • RESPECTING DIFFERENCES

8<sup>th</sup> February 2019

Dear Parents/Guardians,

To launch our Wellness Week program and to promote healthy lifestyle and eating habits, the school has invited Yakult Malaysia (Pioneer of Probiotics) to conduct a talk with learning activities on '**Understanding our Immune System and Probiotics**' to all Junior and Senior School students.

The details of the talk are as follow:

Date: **11<sup>th</sup> February 2019 (Monday)**

Time: **10.00am - 11.00am** (Junior students)

**11.00am - 11.10am** (Senior students)

After the 30 minute sessions, all students will be given 1 small free bottle of Yakult to sample. In addition, Yakult Malaysia vendor will be available to sell Yakult Probiotic drinks at a discounted price to all our students. Students can purchase the drinks if they would like to.

The products that will be available are:

1. Yakult Ace (red cap - original) -RM 4.30 per pack
2. Yakult Ace Light (blue cap - less sugar) -RM 4.70 per pack

The selling of the beverages will take place at the school hall from 11.00am onwards. Students may purchase their favourite drinks during that time. Students are encouraged to bring money to the school on that day in order to purchase the healthy drinks. Students may bring a maximum of RM25.

Yakult contains probiotics in the form of a cultured milk drink. Please take note that if your child/ren have an allergy to dairy products or lactose. If your child is lactose-intolerant, kindly assist us by reminding your child/ren not to purchase/consume the dairy beverages. Class teachers will also remind students with allergies as aforementioned to avoid consumption of dairy products which may cause allergy reaction.

Thank you.

Yours faithfully,

**Ms. Reka Ramakrishnan**  
School Nurse

**Ms. J. Johami**  
Head of Junior School

**Mr. Stephen West**  
Principal / Head of Senior School