



17th September 2019

MIGS/ADM/T1/PE/JS/PS/2019-0132

Dear Parents/Guardians,

TERM 1: CO-CURRICULAR ACTIVITIES FOR THE ACADEMIC YEAR 2019/2020 FOR YEAR 1~6

As we have started the Academic Year 2019/2020, we would like to share with you our plans for the Co-Curricular Activities (CCA) for Term 1. All students will participate in a compulsory CCA every Thursday, students can choose to participate in as many as **three** other Elective Activities (EA) conducted on Tuesdays, Wednesdays and Fridays.

CCA at MIGS is an extended learning programme for our students to develop high personal ideals and make connected skills in their daily lives. It is also a great opportunity to interact and learn from other students with similar interests.

Participation in CCA is a privilege and it is important that students and parents are aware of the following procedures in order to support and promote a fair, healthy and enriching experiences:

- CCA is compulsory in Terms 1, 2 and 3.
- Will be conducted on Thursdays and dismissal time is at 4:00 pm.
- Any cancellation or changes will be informed via an email from the School.

CCA SELECTIONS:

1. In Term 1, all students will take part in our preparation for our Annual Cross Country Run to be held on 5th Oct, 2019.
2. There will be the track and field practice sessions and heats in preparation for the MIGS Annual Sports Day, which is to be held on Saturday 14th December.

We hope that this information is clear and helpful to you. Should you still have queries, please do not hesitate to contact Mr. Charlie at 03-42521452 during school hours.

Enclosed:

1. Information Leaflet for CCA Term1 **Information Leaflet for CCA for Years 1-6 Students**

TERM ONE CCA

Day: Every Thursday

Time: 8:00 am - 9:30 am

Attire: House t-shirts & PE shorts/track pants and trainers with white socks

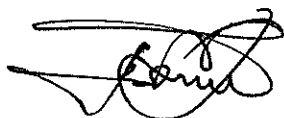
Other items: School caps or any caps and water bottle

Please ensure that your child's name is written on their t-shirts, shorts, caps and water bottles for easier identification purposes.

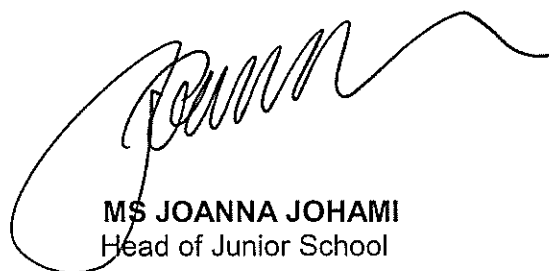
TERM ONE CCA - TRACK & FIELD	COACH	VENUE	FEE TERM
<ul style="list-style-type: none">○ Track and Field Practice Sessions○ Tug of War Practice○ Team Sports Competitions in preparation for the School Cross Country Event and MIGS Annual Sports Day.	All Junior Teachers & Sport House Captains/Heads	Upper Field	N.A.

New students will be allocated their Houses in which they will remain for their school life at MIGS. During the CCA sessions, teachers will identify potential long distance runners to represent the Junior School in the International Schools Association of Kuala Lumpur (ISAKL) competitions and Inter-International School Cross-Country Race that will be held over the academic year.

Best regards,



MR CHARLIE SAMUWAI
Head of PE and CCA



MS JOANNA JOHAMI
Head of Junior School