



13th January 2020

Dear Parents/Guardians,

Continuous Whole School Screening for Symptoms of Influenza

As we are aware, the outbreak of Influenza A is rising around the country. The school is monitoring the situation closely in line with Malaysian Health Authorities' procedures. We are complying with its SOP on Influenza A epidemic infection control at School as advised by the Ministry of Education Malaysia.

Therefore, we will continue to conduct **screening for symptoms of influenza for all students and staff in the morning** from 7.00 am till 8.00 am every day until the disease is under control. All students and staff arriving at School will need to have their temperature taken and signs and symptoms of Influenza will be checked at a single entry point: at the Main Porch Entrance.

In the event a student's temperature registers a minimum of 37.5 degrees Celsius with signs of the Flu, he/she will need to go home and see the doctor. We would like to remind all parents to immediately seek medical attention for their children who are not feeling well or show symptoms of the Flu (Influenza A) at home as below:

- fever over 38°C
- runny nose
- nasal congestion
- sore throat
- body aches/muscle pain
- extreme tiredness
- weakness
- headache
- loss of appetite
- dry cough
- diarrhoea/vomiting (more common in children than adults)

We strongly advise to allow your children to rest at home if they are unwell or show symptoms of the flu as mentioned above. Kindly assist us in monitoring your children to help prevent the spread of sickness or the flu. **Please do not send them to school if they are down with Influenza A for at least 7 days until certified medically fit for school.** Please submit the Medical Certificate (MC) given by the doctor to the School Nurse or Class Teacher upon returning to the School.

It is crucial to send your children to school only when they have fully recovered to prevent the flu from spreading to other children. Also, remind your children to maintain hand hygiene at all times. As a precautionary measure, we are disinfecting the classrooms with Dettol on a daily basis.



MUTIARA INTERNATIONAL GRAMMAR SCHOOL SDN BHD

(391277-M)

DISCOVERING POTENTIAL • LEARNING TO CARE • RESPECTING DIFFERENCES

The followings are ways in managing fever and cold/flu:

- **Vaccinate your child and yourself to curb the spread of Influenza** as an immediate action to stem the spread of the disease based on the current advice by the Ministry.
- **Maintain good hand hygiene** by washing hands often with soap and water.
- Encourage your child to **use hand sanitizers**.
- Allow your child to rest at home if he/she is unwell as advised by the doctor.
- Advice and encourage to **drink more water**.
- Complete the course of antibiotics or antiviral medication as prescribed.
- Keep your child away from others during the first 5 to 7 days of his or her flu.
- Advice your child to cover his or her nose and mouth when he or she sneezes or coughs.

We would also like to assure you that the interest of our children is of utmost importance and the precautionary measures are taken continuously by the School to safeguard their well-being.

Thank you.

Yours sincerely,

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Ms Reka (RN)
School Nurse

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Mr John P. Birch
Principal