



20th February 2020

Dear Parents/Guardians,

HEALTH REMINDER: PREVENTION OF INFECTIOUS DISEASE (NOVEL CORONAVIRUS - Covid 19) AND CONTINUED HEALTH SCREENING

Following the recent increase in cases of the Novel Coronavirus well documented in the news, and following the stance from the World Health Organisations and advice from the Ministry of Health here in Malaysia, please note the following: -

Please notify the school if you are traveling abroad with your children. Students and families who have visited high risk or known infected areas such as regions in China, we request that in order to prevent the risk of infection at MIGS, students should remain absent from school for a period of up to 14 days and should not return to school until they have visited a doctor and can provide medical clearance form/certificate.

Similarly, should a student become infected they must remain absent from school for 14 days and must not return to school until they have visited a doctor. On their return, they must submit a medical clearance letter from the doctor.

Allow me to share an update regarding some of the precautionary actions/measures we continue to take as we strive to prevent the spread of any viruses or infectious diseases at MIGS.

Every day as a precautionary measure, our housekeeping staff continue to disinfect the common areas of the school with a diluted Dettol solution according to the advice of the Health Authorities.

Our health screening will continue at the porch in the morning from 06:50 till 08:00.

During this time the school nurse will screen for signs and symptoms of infectious diseases such as a fever over 38°C, a cough, headache, runny nose, nasal congestion, sore throat, body aches/muscle pain. In the event a student's temperature registers a minimum of 37.5 degrees Celsius with symptoms of respiratory illness, he/she will need to go home and see the doctor immediately.

Should you notice similar symptoms at home or **if your children appear unwell, please do seek medical attention and they should return to school only when they are fully recovered to avoid infecting other children in school.** Your kind consideration on this matter will be highly valued for the wellbeing of all students at MIGS.



MUTIARA INTERNATIONAL GRAMMAR SCHOOL SDN BHD

(391277-M)

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Teachers have also been informed that should a student appear to have any of these symptoms throughout the day, they must send the student to our sick bay for an assessment by the school nurse. We also remind students to maintain hand and personal hygiene at all times and drink more water whilst at school especially during outdoor activities. We continue to encourage the use of hand sanitizers around the school.

Please advise your children the preventative measures below to reduce the risk of Coronavirus infection:

- **Wash hands** with soap and water or use a hand sanitizer regularly.
- **Cover mouth and nose** when coughing or sneezing with a tissue, mask or flexed elbow.
- **Wear a mask** if showing symptoms of cough, cold or sneezing.
- **Avoid close contact** with anyone showing symptoms of respiratory illness.
- **See a doctor** if you or your children are unwell.
- **Avoid crowded places** for the time being.
- **Avoid contact with animals.**
- **Stay home if unwell.**

We will continually monitor the situation and follow advice from the relevant authorities, should there be any further information I will update you accordingly. Thanking you in advance for the continued support as the health and wellbeing of the students is our utmost priority.

Yours sincerely,

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Ms Reka Ramakrishnan (RN)
School Nurse

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Mr John P. Birch
Principal