



4th January 2022

Dear Parents/Guardians,

## BACK TO SCHOOL TERM 2 2021/2022: PRECAUTIONARY MEASURES

We are pleased to welcome All Students back to campus for Term 2 Academic Year 2021/2022 after a long period of online learning. As we are still dealing with the ongoing global Covid-19 pandemic along with the new variants, the new normal will be practised at MIGS as usual.

### 1. Health Declaration Form for Students

A **Health Declaration Form** has been emailed to all parents yesterday for a routine COVID-19 risk assessment by the School. The purpose of this Health Declaration Form is to ensure students are healthy and at low risk without any symptoms before entering the School. The Health Declaration Form is required **to be filled in** via the **Google Form link by 2pm, 4th January 2022.**

### 2. Routine Health Screening for MIGS Students

Covid-19 temperature screening will be observed as usual closely in line with Malaysian Health Authorities' procedures. Body temperature will be checked for all students arriving at School daily at the Main Porch Entrance using the Thermal Scanner.

We would also like to remind all parents to monitor your children at home before sending them to school. Please seek medical attention if your children are not feeling well and show symptoms as below (before sending them to School):

- fever over 37.5°C or higher
- chills/shivering
- coughing
- sore throat
- cold/runny nose/nasal congestion
- headache
- body ache
- nausea/vomiting
- diarrhea



In the event a student's temperature registers a **minimum of 37.5 degrees Celsius or having symptoms as mentioned above**, he/she will need to return home or to be taken to the doctor immediately.

Hence, we strongly advise to allow your children to rest at home and see a doctor if they feel weak/unwell or showing symptoms as mentioned above before sending them to school. Please do not send them to School until medically certified fit for school and **symptoms are fully cleared** for the safety of all. Please submit the Medical Certificate (MC) via email to the School Nurse and class teacher preferably at least a day before returning to school.

Alternatively, if your children show **mild symptoms** as mentioned above, please perform a Saliva Antigen Self Test at home for your children and kindly share the test results with me via email before sending them to school. I will advise accordingly.

### 3. Antigen Test Kits & Isolation Room

The **Saliva Antigen Test Kits** are available for our students at school to perform a rapid test if the needs arise. This will be used should students who looked well in the morning, and did not display symptoms but start to feel unwell and show symptoms as aforementioned in the midday. We will utilize the Saliva Antigen Kit to test for COVID-19 at school.

An **isolation room** has also been prepared since last year away from the sick bay to ensure students suspected with COVID-19 or showing symptoms are properly isolated in a separate room and rendered with special care. The existing sick bay will remain in operation as usual for first aid such as minor injuries (cuts and bruises).

### 4. COVID-19 Precautionary Measures at School:

1. ALL students **must wear a face mask**.
2. Students are allowed to wear a face mask together with a face shield.
3. Students are also encouraged to bring their own hand sanitizers, wet wipes, a zip lock style bag for their mask when eating and extra masks in case they are dropped, damaged or lost.
4. Wall-mounted hand sanitizers are also available all around the School as well.
5. We will constantly remind and assist students to maintain good hand hygiene before meals.
6. No sharing food and utensils among students.
7. We will reinforce and assist students to maintain 1-metre social distancing throughout the School session.



## 5. Dealing with COVID-19 Positive Case or Close Contact

We would also like to remind all parents of the procedures and documents that need to be submitted before returning to school **if a student of MIGS happened to experience** the following situation.

Please notify the school (Class Teacher/Form Tutor & School Nurse) if:-

1. Students infected with COVID-19
2. Family members infected with COVID-19 but the student of MIGS is tested negative (post quarantine) - Student is categorized as 'Close Contact'
3. Travelled from other countries to Malaysia - on home quarantine (special condition)

Kindly be informed that students must only return to school once the Health District Office of MOH gives a clearance letter stating 'free from quarantine' and the quarantine wrist band is removed. Please obtain a COVID-19 clearance letter or COVID-19 tested '**negative**' swab test result from the attending doctor/hospital/clinic.

The **COVID-19 clearance letter or the PCR/RTK Antigen test result MUST be submitted or emailed to the school** (Class Teacher/Form Tutor & School Nurse) before returning to school.

### Casual Contact

If a student happens to be categorized as 'Casual Contact' at MySejahtera, no home is quarantine, may return to school as usual, to monitor symptoms closely for 14 days and see a doctor if symptoms of COVID-19 develop within the 14 days.

We will continuously abide by the ministry's advice to ensure all the Covid-19 precautionary measures are in place to safeguard students and everyone's well-being at all times. We wish for a safe return to campus for this academic year 2021/2022. As always we highly appreciate support and cooperation from everyone. Thank you.

Yours sincerely,

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**Ms Reka (RN)**  
School Nurse

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**Mr John P Birch**  
Principal