



30th August 2022

Dear Parents/Guardians,

## BACK TO SCHOOL TERM 1 2022/2023: PRECAUTIONARY MEASURES AT MIGS

We look forward to welcoming our students to the new academic year 2022/2023. Although we are in the endemic phase of COVID-19, we at MIGS will continue to take certain extra precautionary measures in order to safeguard our MIGS students and community.

### **A) COVID-19 Precautionary Measures at School:**

1. ALL students **must wear a face mask to school.**
2. Avoid wearing a **non surgical cloth mask alone** as it does not provide optimum protection.
3. Students are encouraged to bring a zip lock style bag for their mask when eating and extra masks in case they are dropped, damaged or lost.
4. Students are encouraged to bring their own hand sanitizers and wet wipes to school to maintain hygiene at all times.
5. We will constantly remind and assist students to maintain good hand hygiene before meals and social distancing in confined spaces.

### **B) Continuation of Routine Temperature Screening & Hand Sanitization**

The temperature screening will continue to be observed at MIGS for all students and staff arriving at School at the Main Porch Entrance using the Thermal Scanner for the time being. Students are required to sanitise their hands in the morning before entering the school.

### **C) Monitor Students' General Health Daily at Home**

As usual, we would also like to remind all parents to monitor your children at home before sending them to school on 6th September 2022 after the long break and also every day throughout the term. **Please seek medical attention or perform the RTK Antigen Self Test at home** before sending them to School if your children appear unwell and show symptoms as below:

- fever over 37.5°C
- chills/shivering
- coughing/sore throat



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- cold/runny nose/nasal congestion
- headache/body ache
- nausea/vomiting
- diarrhoea

**Please share the RTK Antigen test result via email to me before sending your children to school if they exhibit mild symptoms in the morning.**

In the event a student's temperature registers a **minimum of 37.5 degrees Celsius** or shows **symptoms as mentioned above at school:-**

We would test the student using the RTK Antigen self test kit in the school (in line with MOE's guideline) at the Isolation Room if the needs arise.

- **'Negative'** RTK Ag test result - The student is allowed to continue lessons at school with the mask on if the symptoms are very mild.
- **'Positive'** RTK Ag test result - Parents will be contacted and the student is required to return home or to be taken to the doctor immediately from school for further treatment and isolation.

Hence, we strongly advise to allow your children to rest at home and see a doctor if they show symptoms as mentioned above before sending them to school. Please do not send them to School until medically certified fit for school and **symptoms are fully cleared** for the safety and wellbeing of all other students. Please submit the Medical Certificate (MC) via email (if available) to the School Nurse and class teacher preferably at least a day before returning to school.

## **D) Students Tested Positive for COVID-19 or Categorised as Close Contact**

### Positive cases

- Based on MOH's guidelines, all students or staff tested **positive** for COVID-19 are required to be in quarantine only for **7 days** (regardless of their vaccination status or age)
- Should you need to report a positive case or close contact notification, please send an official email at [MIGScovid.communication@migs.edu.my](mailto:MIGScovid.communication@migs.edu.my), I will advise you on the next step of action accordingly.





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## Asymptomatic (No Symptoms) 'Close Contact': No Quarantine

If MIGS students are happened to be categorised as 'close contact' through immediate family members/relatives or friends, the next step of action at MIGS would be as follows:

- Please notify the school via email
- **No self-quarantine** is needed if no symptoms
- **To perform RTK Antigen Self Test**
- **Please share the test result via email** before returning to school
- Ensure your child wears a surgical face mask (3ply/4ply/KF94/KN95) or double mask (surgical + non-surgical (cloth) face mask) to school. Avoid wearing the non surgical cloth mask alone as it does not provide optimum protection.

## Symptomatic Close Contact

- Please notify the school
- If your child starts to develop symptoms, he/she needs to be in **quarantine for 3 days**.
- **To perform RTK Antigen self test on Day 1 and Day 3**. Kindly share the test results to me via email.
- Return to School on Day 4 if **tested negative and symptoms improve**.

## **E) Dealing with Infectious Illnesses: Seasonal Flu (Influenza), HFMD, Chicken Pox, etc.**

It is common for anyone around us to have flu-like respiratory illnesses from time to time due to the ever changing climate. However, should your child happen to be infected with Influenza Seasonal Flu or the infectious illnesses as mentioned above, please notify me and the class teacher via email on the days of MC, kindly attach the MC for our record.

We will continuously abide by the ministry's advice to ensure all the Covid-19 precautionary measures are in place to safeguard students and everyone's well-being at all times. We wish for a safe start of the new academic year. We highly appreciate your constant support and cooperation. Thank you.

Yours sincerely,

Ms Reka (RN)  
School Nurse

Mr John P Birch  
Principal