



9th November 2022

Dear Parents/Guardians,

## Daily Monitoring of Students' Health at Home

As it is known, Malaysia is now experiencing a small wave of Covid-19 infections with an increase in the number of cases following the discovery of the Omicron XBB sub-variant. Hence, we will continue to practice the **compulsory wearing of face masks** in the campus at MIGS.

We would also like to remind all parents to monitor your children for symptoms as stated below at home every day in the morning before sending them to school:-

- Fever over 37.5°C
- Chills/shivering
- Coughing
- Sore throat
- Cold/runny nose/nasal congestion
- Headache/body ache
- Nausea/vomiting
- Diarrhoea

If your child exhibits only mild symptoms and you wish to send he/she to school, please **perform the RTK Antigen Self Test in the morning at home before sending your child to school. Kindly share the RTK Antigen test result with me via email.** We are highly encouraging this practice as we would like to safeguard the well-being of all other students and the MIGS community from infectious illnesses.

However, if your child feels weak or starts showing moderate symptoms, we strongly advise you to allow your children to rest at home and see a doctor for a swift recovery. Please do not send he/she to School until medically certified fit and **symptoms are fully cleared**. Please notify the school and submit the Medical Certificate (MC) via email to the School Nurse and class teacher preferably a day before returning to school.

As always, we highly appreciate your constant support and cooperation shown towards MIGS. Thank you very much.

Yours sincerely,

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**Ms Reka (RN)**  
School Nurse

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**Mr John P Birch**  
Principal