



**Mutiara**  
International Grammar School

**SPORTS DAY**  
17 MARCH 2023 | MPAJ STADIUM



## PROGRAMME OF THE DAY

TIME	ACTIVITIES	
7.10 AM	GATHER AT SCHOOL	
7.30 AM	DEPART FROM SCHOOL	
7.50 AM	GATHER AT THE STADIUM	
8.15 AM	MARCH PAST & GYMRAMA	
9.00 AM	25M	EARLY YEARS RACE
9.10 AM	50M	YEAR 1 FUN RACE
9.15 AM	50M	Y1 AND Y2 (BOYS & GIRLS)
9.30 AM	75M	Y3 & Y4 (BOYS & GIRLS)
9.50 AM	100M	Y5&Y6 (BOYS & GIRLS)
10.00 AM	100M	U13, U15 & 015 (BOYS & GIRLS)
10.10 AM	GAMES	WHOLE SCHOOL (NON TRACK PARTICIPANTS) MAX-10 STUDENTS FROM EACH HOUSE
10.30 AM	400M	U13, U15 & 015 (BOYS & GIRLS)
10.50 AM	4x25M	Y1 & Y2 (BOYS & GIRLS)
11.10 AM	4x100M	Y3-Y6 (MIXED RELAY)
11.30 AM	4x100M	U15 & 015 (BOYS & GIRLS)
11.50 AM	4x100M	PARENTS VS TEACHERS
12.15 AM	ALL STUDENT ASSEMBLE AT THE GRAND STAND	
12.30 AM	PRESENTATION OF SPORTS DAY TROPHY BY MR JOHN BIRCH	
12.45 AM	DISMISSAL FROM THE STADIUM	