



MUTIARA INTERNATIONAL GRAMMAR SCHOOL SDN BHD

(391277-M)

DISCOVERING POTENTIAL • LEARNING TO CARE • RESPECTING DIFFERENCES

8th June 2023

MIGS/ADM/T3/PRC/WS/2023/0346

Dear Parents/ Guardians,

RE: ALL OUTDOOR ACTIVITIES - PE, CCA, OUTDOOR CLASSES & EA DURING HEATWAVE IN MALAYSIA.

The MOE has recently modified their policies in light of slight reduction in temperatures for Malaysia's ongoing heatwave.

The guidelines that each school must apply in order to return to outdoor activities are as follows :-


1. ensure that the student's participation is voluntary and has the consent of parents/guardians.	2. explain to students preventive measures, symptoms and actions/ treatment.
3. allow additional rest time during activity and adequate cooling down time ensure students drink enough water before.	4. monitor activities that may expose students to weather conditions/ heat to ensure their health is not affected.
5. to report cases related to student safety and health to parents/guardians immediately.	6. ensure students drink enough water before, during and after the activity by providing a supply of drinking water enough and encourage students to bring their own drinking water:
7. Should temperatures rise beyond 35°C, all outdoor activities will be suspended.	

Perhaps the newest items here are points 1 and 7, we will use all these guidelines and please do not hesitate to get in touch with Mr. Khairul or Ms. Lielis if you need any additional details.

If you do wish for your child to continue with these activities, you must indicate your consent by signing and returning the consent form by 9th June, 2023. Those students without a consent form will be unable to join classes until parental consent is given. Please remember that the PE department (as always) will adjust the level of physical exertion for each activity depending on the temperature and time of the day.

As always we thank you for your continued support on this matter.


MR KHAIRUL MUNIR & MS LIELIS ATHIRA
PE Teachers & CCA Coordinators


MR. JOHN P. BIRCH
Principal



Consent form (this will be given to your son/daughter)

Declaration of consent- parents	
<p>I confirm that I have read, or been made aware of, the conditions, the environment and the activities. I understand (that with many physical activities) the nature of the risk may well increase and include headaches, feeling sick, dizzy, increased breathing and heatstroke.</p> <p>I understand the increased risks involved and assume full responsibility.</p>	
<p>I give / do not give consent for my son/daughter to take part in Physical Education classes, Outdoor lessons, CCA and EA at MIGS.</p> <p>(please cross out the option that does not apply)</p>	
Name of parents/guardian	
Student name	
Signature	
Date	

Please return this to your class/form tutor.