









## SCHOOL MEN

(OCTOBER 2025)

			1991				
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	WEEK 1			Chicken Porridge With Carrots Spaghetti With Chicken Creamy Tomyam	Tuna Puff  White Rice With Fried Fish Sweet and Sour	Nasi Tomato With Ayam Masak Merah	
	WEEK 2	Toast Bread 6 With Kaya Mac and Cheese	Egg Sandwich 7  Grilled Chicken With  Mushroom Sauce	Sausage Roll  Chicken Burger	French Toast 9 With Honey White Rice Fried Fish Thai Sauce	Chicken Biryani	
	WEEK 3	Bread With Chocolate Spread White Rice Chicken Black Pepper	Pancake  Spaghetti Bolognaise	Cereal  Chicken Shawarma	Chicken Sandwich 16 White Rice, Fish Teriyaki With Taugeh and Carrot	17  ★ MID TERM BREAK	
	WEEK 4	PUBLIC HOLIDAY  DEEPAVALI	MID TERM BREAK	MID TERM BREAK	Blueberry Brioche  White Rice Chicken Curry Kapitan	Nasi Lemak With Fried Chicken	
K	WEEK 5	Bread and Butter Pudding  Cantonese Yee Mee	Pancakes With 28 Maple Syrup  Fried Macaroni With Chicken	Bread With Scrambled Egg  Spaghetti Aglio Olio	Mushroom Soup 30 With Garlic Bread White Rice With Fried Fish Butter Milk	Chicken Rice With Fish Ball Soup	

Menu includes: Hot Beverage (Breakfast) | Cold Beverage & Cut Fruits (Lunch)









